

Top ten things to do at BBC Good Food Show Summer



Tom Kerridge on the Big Kitchen stage at BBC Good Food Show Summer

The BBC Good Food Show is back at the NEC this week (14th – 17th June), and to celebrate the return of one of the nation's most popular summer days out, here is the ultimate guide of things to do whilst at the Show.

- 1. Hang out with the likes of Michel Roux Jr. and Tom Kerridge at the Big Kitchen**



The Big Kitchen promises to be a treat for all food lovers, as the likes of Michel Roux Jr., Tom Kerridge and Mary Berry will all be cooking up a storm on the stage throughout the four-day event.

2. Try samples and buy products from hundreds of artisan producers

Meet more than 300 artisan producers who pride themselves on the quality and provenance of their produce. Here you can try-before-you-buy some of the freshest seasonal foods, many of which you will not find elsewhere.

3. Chocolate and coffee masterclass

Lindt's Excellence Tasting Experience returns to the Show this year with a brand new masterclass: the ultimate chocolate and coffee tasting experience. Discover the art of pairing coffee beans from across the globe with your favourite Lindt chocolate, guided by expert, Tom Forrest.

4. Celebrity book signings



Shop for the latest cookbooks at the pop-up bookshops and get your copy signed by your favourite chef or expert. Some of the UK's most loved talents will be signing copies of their new books, including James Martin, Raymond Blanc and The Hairy Bikers.

5. Learn new tricks at the Skills School

Join one of the show's specialist masterclasses and sharpen up your skills. Whether it's trying your hand at Naked Cake decorating, making and throwing dough in the Sourdough Workshop or even learning from the experts in a Knife Skills Session, there is plenty of choice to enhance your foodie knowledge.

6. BBC Good Food Wine Club

Spark your imagination and tingle your taste buds with the series of expert wine tasting sessions available. Guests will enjoy a selection of international wines and discover what works best with spicy Asian cuisine, hard and soft cheese and BBQ foods.

7. Botanical gin masterclasses

Let the fun beGIN! Discover how different types and flavours of the nation's favourite spirit transform throughout the process of creation. There will also be the opportunity to put your

knowledge to the test and create your very own flavour of gin, tailored to your tastes, which you will get to take home.

8. The best of Birmingham



Some of Birmingham's most loved chefs and food vendors will be at the Show across the four days. Glynn Purnell and Aktar Islam will be pitting their local knowledge against each other during an exclusive Brummie showdown in The Big Kitchen. Brad Carter, owner of Michelin starred Carters of Moseley, and culinary cult hero, Lap-fai Lee, will also be showcasing their signature cooking styles in demonstrations on the BBC Good Food Stage.

9. Get tips from experts in the Summer Kitchen

Enjoy these free sessions by taking away inspiration from the freshest and tastiest ingredients. This stage will be full of recipes and ideas for healthy lifestyle alternatives, baking favourites and family meals.

10. Free entry to BBC Gardeners' World Live



With one ticket, visitors also will gain entry to both spectacular events. See some of the UK's best gardening experts provide exclusive tips from the likes of BBC Gardeners' World lead presenter Monty Don, plus co-presenters including Carol Klein and Adam Frost.

For more information and tickets to BBC Good Food Show Summer, visit www.bbcgoodfoodshow.com

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