

## **BBC Gardeners' World Live and the BBC Good Food Show Summer return to the NEC**

One of the summer's most popular days out will return to Birmingham again this June, as BBC Gardeners' World Live and the BBC Good Food Show Summer take over the NEC for four days.

With one ticket, visitors will gain entry to both spectacular events, which will attract over 500 exhibitors from the culinary and horticultural worlds from Thursday 14 June – Sunday 17 June.

As well as the hundreds of stands, the Shows also bring a star-studded line-up of some of the country's favourite gardeners, chefs, experts and bakers.

The line-up includes BBC Two's *Gardeners' World* lead presenter Monty Don plus co-presenters including Carol Klein, Adam Frost and new to the Show this year, Mark Lane and Arit Anderson. Fellow television personality Alan Titchmarsh also joins the team on Friday.

At the BBC Good Food Show, firm favourites Mary Berry, James Martin, Tom Kerridge, the Hairy Bikers and many more will be cooking up a storm on stage in the Big Kitchen, with plenty more chances to see them around the Show.

This year's BBC Good Food Show sees the return of a selection of fantastic shopping areas including the Producers' Village and the Drinks Emporium. New to the 2018 Show is the Eat Well zone, showcasing the best in vegan and vegetarian products, with expert advice and recipe ideas at the Show's Summer Kitchen stage.

Stepping outside, you'll find inspirational Show Gardens and top shopping for your garden. The Made in Birmingham garden will feature a railway embankment plot with allotment, wildflower meadow and a working steam engine with Pullman Dining carriage. The Wyevale Garden Centres Solutions Garden will display stunning best practice ways to deal with common issues such as soil types or shady areas; the Tesco Every Little Helps Garden offers up ideas for small changes that can make big differences; the Beautiful Borders will be full of small space ideas, plus much, much more. The Floral Marquee and Plant Village is a haven for plant lovers with over 100 dedicated places to buy quality plants, seeds and bulbs.

Whether inside or outside, you'll find the best in cooking and gardening inspiration with four days of free entry stages showcasing a full mix of plot to plate inspiration, live demos, Q&A's, talks and plenty of advice. Plus, the chance to chat to more artisan producers and gardening experts than you can fit into one day!

Ticket holders will gain entry to both Shows, with children under five going free and discounts and free tickets available for groups of eight or more. For an extra special treat, the VIP and VIP Luxe packages include front row seats in the Big Kitchen super theatre and BBC Gardeners' World Live Theatre, access to exclusive lounges and much more.

Adam Frost, who will be giving his insight in the BBC Gardeners' World Live Theatre on the Thursday and Sunday of the Show, said: *"This year's Show is really about helping gardeners make every space count. I'll be live on stage, talking about the progress of my own garden and giving lots of design tips, as will many fellow Gardeners' World presenters, including Monty Don and gardening legend Alan Titchmarsh too. It's the perfect show for anyone looking for exciting garden inspiration to try at home - see you there!"*

Tom Kerridge, who will be cooking live in three Big Kitchen sessions, said: *"There aren't many events that compare to the BBC Good Food Show at the NEC Birmingham. With the size of the venue, the amount of delicious food and drink to sample and buy, and the expert demonstrations, it really is an amazing day out."*

For more information and tickets to BBC Gardeners' World Live and the BBC Good Food Show and, visit [www.bbcgardenersworldlive.com](http://www.bbcgardenersworldlive.com) or [www.bbcgoodfoodshow.com](http://www.bbcgoodfoodshow.com)

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For all press enquiries, please contact Amy Williams, Jake Malbasa or Grace Coniry at Rewired PR on 0121 236 2132 or [amy@rewiredpr.com](mailto:amy@rewiredpr.com) [jake@rewiredpr.com](mailto:jake@rewiredpr.com) or [grace@rewiredpr.com](mailto:grace@rewiredpr.com)